



## The SOKAA Philosophy

Soccer is the most popular sport in the world. Even during moments of political, ethnic and socio-religious tension, nations across the world have united behind the sport.

Swaziland life involves soccer as daily routine. Whether played with a homemade rag ball or with a real soccer ball, soccer is one of the few outlets to quell the fear, frustration, and grief that simmer in the hearts of Swazi teenagers. In a society where 67% of the rural population is below the poverty line, soccer is the sport of choice because even rubbish can be pressed into the shape of a ball, providing some joy for the poorest of the poor. In a country where HIV/AIDS has destroyed the traditional safety nets and where children are growing up without a sense of permanence or community, soccer offers a hopeful prospect.



## Who We Are

Saving Orphans through Healthcare and Outreach (SOHO) is a 501(c)(3) nonprofit organization dedicated to improving the lives of orphans and vulnerable children in Swaziland, Africa and to developing empowering programs in the Indianapolis area.

SOHO's ongoing initiatives include safe houses for protecting children from abuse and trafficking, a farm for producing food and providing training in modern farming techniques, and the Strong As Steel, Yebo! (SASY) music program for advocating abuse prevention and personal development for girls and young women in Swaziland and in Indiana.

## Saving Orphans through Healthcare and Outreach

8240 Naab Rd Suite 160

Indianapolis, IN 46260

317-471-5954

[info@savingorphans.com](mailto:info@savingorphans.com)

[www.savingorphans.com](http://www.savingorphans.com)



# Save Orphans, Kick AIDS and Abuse



## About the SOKAA Program

Save Orphans, Kick AIDS and Abuse (SOKAA) is a gender-specific, culturally sensitive AIDS and abuse prevention program using sports as a vehicle to educate, engage, and empower at-risk youth, equipping them with skills to improve their own lives and to serve as peer educators, impacting youth within their home communities.



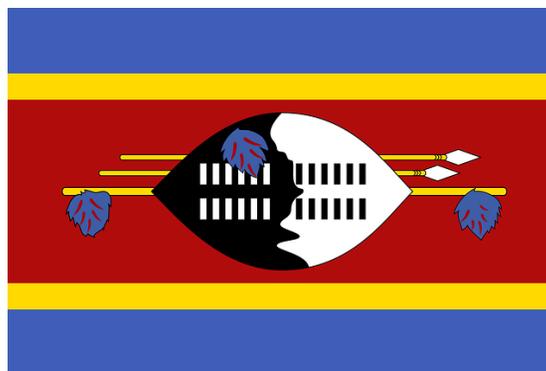
The SOKAA program will be a life-changing vehicle for girls, as much gender-based abuse occurs at the homestead, and sports gets girls engaged outside of their domestic environment. The program will encourage the kind of self-worth and confidence that would make a girl less likely to be victimized.

For boys SOKAA offers comparable life-changing skills, building self esteem and confidence, learning mutual respect, practicing goal setting, critical thinking, and developing leadership skills.

## Why Swaziland?

Swaziland is a small land-locked nation on the northeast corner of South Africa with a population of just over one million and an HIV/AIDS prevalence of 27%—the highest prevalence in the world. Sometimes called 'a nation of orphans,' the country struggles with extreme food shortage in rural areas, inadequate healthcare, and abject poverty on the part of 63% of the population.

With 55% of the population under the age of 18 and an orphan population of over 100,000, a growing number of children depend on elderly grandparents, who are themselves in need of care, or find themselves heading households.



## HOW YOU CAN HELP SOHO!

### DONATE

- \_\_\_\_\_ Monthly contribution
- \_\_\_\_\_ A single contribution
- \_\_\_\_\_ In-kind contribution
- \_\_\_\_\_ Donate my airline miles

### GET INVOLVED

- \_\_\_\_\_ Sponsor a child
- \_\_\_\_\_ Fund a program
- \_\_\_\_\_ Go on a mission trip
- \_\_\_\_\_ Volunteer

### STAY CONNECTED

\_\_\_\_\_ I would like to receive your newsletter.

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

All contributions are tax-deductible!

Please make all checks payable to:

**Saving Orphans through Healthcare and  
Outreach**

**P.O. Box 78156**

**Indianapolis, IN 46278**